

# NCA WEEKLY MENU

Always subject to change based on food availability.

	BREAKFAST	LUNCH	DINNER	SNACK
Monday 11/09	French Toast Sticks, Bacon, Chicken Sausage Links, Hash Browns, Scrambled Eggs, & Fresh Fruit!	Chicken Strips, Crinkle Cut French Fries, Jasmine Rice, & Steamed Mixed Vegetables.	Baked Chicken, Mashed Potatoes & Gravy, & Steamed Mixed Vegetables.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Tuesday 11/10	Waffles, Bacon, Pork Sausage, Hash Brown Patties, Veggie Scrambled Eggs, & Fresh Fruit!	Mini French Bread Pizzas, Jasmine Rice, & Steamed Green Beans.	Mongolian Beef, Jasmine Rice, Steamed Asian Vegetables, & Vegetable Spring Rolls.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Wednesday 11/11	Biscuits & Gravy, Bacon, Apple Chicken Sausage, Baked Hash Browns, Warm Boiled Eggs, & Fresh Fruit!	Open Faced Sloppy Joes, Crinkle Cut French Fries, Veggie Fried Rice, & Steamed Corn.	Pork Roast or Stuffed Peppers, Bok Choy, Jasmine Rice, & Chicken Egg Rolls.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Thursday 11/12	French Toast Sticks, Bacon, Pork Sausage, Hash Brown Patties, Scrambled Eggs, & Fresh Fruit!	Tuna Noodle Casserole, Jasmine Rice, & Steamed Carrots.	Orange Chicken, Jasmine Rice, Veggie Dumplings, & Steamed Green Beans.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Friday 11/13	Sheet Pan Eggs, Hash Browns, Bacon, Apple Chicken Sausage, & Fresh Fruit!	Mini Shrimp, Corn Dogs, Seasoned Noodles, & Steamed California Blend.	Baked Cod, Seasoned Wedges, Seasoned Noodles, & Steamed Peas.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Saturday 11/14	BRUNCH		DINNER: Cook's Choice	
Sunday 11/15	BRUNCH		DINNER: Cook's Choice	
	*White/Wheat Bread available for making toast, Cereal, and Instant Oatmeal.	*Lunch & Dinner will have soup and salad bar. *All sandwiches are served with Lettuce, Tomato, and Cheese.	Beverages: Apple, Orange, Cranberry, and Grape Juice. White, Strawberry, and Chocolate Milk.	Other Beverages: French Vanilla Cappuccino, Hot Chocolate, Tea, and Coffee.