

# NCA WEEKLY MENU

Always subject to change based on food availability.

WEEKDAY:	BREAKFAST	LUNCH	DINNER	SNACK
Monday 05/20	French Toast Sticks, Scrambled Eggs, Hash browns, Bacon, Breakfast Rice, Yogurt & Fresh Fruit!	Cheeseburgers, Crinkle Cut French Fries, Fried Rice, & California Blend Veggies.	Sweet & Sour Chicken, Steamed Rice, Egg Rolls, & Stir Fry Veggies.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Tuesday 05/21	Pancakes, Scrambled Eggs, Sausage Patties, Hash Browns, Breakfast Rice, Yogurt & Fresh Fruit!	Fish Sandwiches, Seasoned Wedges, Jasmine Rice, & California Blend.	Tater Tot Hotdish, Fried Rice, & Steamed Green Beans.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Wednesday 05/22	Biscuits and Gravy, Bacon, Sausage Links, Baked Hash Browns, Scrambled Eggs, Breakfast Fried Rice Yogurt & Fresh Fruit!	Turkey Sausage W/ Peppers, Jasmine Rice, Onion Rings, & Sauteed Cabbage.	Chicken Ala King, Puff Pastry, Steamed Rice, & Corn.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Thursday 5/23	French Toast Sticks, Scrambled Eggs, Hash browns, Bacon, Breakfast Rice, Yogurt & Fresh Fruit!	Walking or Soft Tacos, Spanish Rice, Mexicorn, Green Chili Beans, & Cheese Sauce.	Senior Dinner; Steak, Salmon, Sweet Potato Fries, Crinkle Cut French Fries, Steamed Veggies, & Jasmine Rice.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Friday 5/24	Graduation Light Breakfast; Rolls, Warm Boiled Eggs, Oatmeal, Cereal, & Yogurt and Fresh Fruit!	Graduation Lunch; Gen. Tso's Chicken, Stir Fry Veggies and Noodles, Jasmine Rice, Dumplings, Egg Rolls, Seared Steak, Fresh Veggies, Mashed Potatoes W/ Gravy, & Sauteed Shrimp	DINNER; Cook's Choice	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Saturday 5/25		BRUNCH	DINNER; Cook's Choice	
Sunday 5/26		BRUNCH	DINNER; Cook's Choice	

\*White/Wheat Bread available for making toast, Cereal, and Instant Oatmeal.

\*Lunch & Dinner will have soup and salad bar. \*All sandwiches are served with Lettuce, Tomato, and Cheese.

Beverages: Apple, Orange, Cranberry, and Grape Juice. White, Strawberry, and Chocolate Milk.

Other Beverages: French Vanilla Cappuccino, Hot Chocolate, Tea, and Coffee.