

# NCA WEEKLY MENU

Always subject to change based on food availability.

WEEKDAY:	BREAKFAST	LUNCH	DINNER	SNACK
Monday 05/13	French Toast Sticks, Scrambled Eggs, Hash browns, Bacon, Breakfast Rice, Yogurt & Fresh Fruit!	Chicken Strips, Crinkle Cut French Fries, Mac N' Cheese, & Peas and Carrots.	Cheese Tortellini, Garlic Bread Sticks, Chicken Fried Rice, & Peas and Carrots.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Tuesday 05/14	Biscuits and Gravy, Bacon, Sausage Patties, Breakfast Egg Bake, Breakfast Fried Rice Yogurt & Fresh Fruit!	Cheeseburgers, Seasoned Wedges, Jasmine Rice, & Steamed California Blend.	General TSO's Chicken, Chicken Egg Rolls, Jasmine Rice, Fried Dumplings, & Asian Vegetables.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Wednesday 05/15	Pancakes, Scrambled Eggs, Sausage Patties, Hash Browns, Breakfast Rice, Yogurt & Fresh Fruit!	Crispy Chicken Sandwiches, Crinkle Cut French Fries, Fried Rice, & Steamed Corn.	Meat Loaf, Mashed Potatoes, Gravy, Steamed Rice, & Sliced Carrots.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Thursday 5/16	Biscuits and Gravy, Bacon, Sausage Patties, Breakfast Egg Bake, Breakfast Fried Rice Yogurt & Fresh Fruit!	Philly Sandwiches, Onion Rings, Steamed Rice, & Green Bean Bake.	Corned Beef, Boiled Cabbage, Steamed Rice, and Potatoes-Carrots.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Friday 5/17	Chipped Beef on Toast, Baked Hash Browns, Scrambled Eggs, Bacon, Breakfast Rice, Yogurt & Fresh Fruit!	Chicken Alfredo, Garlic Breadsticks, Steamed Rice, & Peas and Carrots.	Beef Stir Fry, Veggie Fried Rice, & Dumplings.	
Saturday 5/18		BRUNCH	DINNER; Cook's Choice	
Sunday 5/19		BRUNCH	DINNER; Cook's Choice	

\*White/Wheat Bread available for making toast, Cereal, and Instant Oatmeal.

\*Lunch & Dinner will have soup and salad bar. \*All sandwiches are served with Lettuce, Tomato, and Cheese.

Beverages: Apple, Orange, Cranberry, and Grape Juice. White, Strawberry, and Chocolate Milk.

Other Beverages: French Vanilla Cappuccino, Hot Chocolate, Tea, and Coffee.