

NCA WEEKLY MENU

Always subject to change based on food availability.

WEEKDAY:	BREAKFAST	LUNCH	DINNER	SNACK
Monday 01/07	French Toast Sticks, Scrambled Eggs, Hash browns, Bacon, Sausage Links, Breakfast Fried Rice, Yogurt & Fresh Fruit!	Chicken Strips, Crinkle Cut French Fries, Mac N' Cheese, & Veggie Rice.	Salisbury Steak, Mashed Potatoes and Gravy, Jasmine Rice, & Steamed Corn.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Tuesday 01/08	Pancakes, Breakfast Egg Bake, Bacon, Sausage Links, Breakfast Rice, Yogurt & Fresh Fruit!	Cheeseburgers, Seasoned Wedges, Fried Rice, & Sautéed Cabbage.	Chicken Stir Fry, Steamed Jasmine Rice, Chicken Egg Rolls, & Sautéed Zucchini and Onions.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Wednesday 01/09	Biscuits and Gravy, Bacon, Sausage Links, Cheesy Scrambled Eggs, Hash browns, Breakfast Fried Rice Yogurt & Fresh Fruit!	Walking Tacos, Green Chili Beans, Spanish Rice, & Steamed California Blend Vegetables.	Beef and Broccoli, Steamed Jasmine Rice, Fried Chicken Dumpling, & Sautéed Cabbage and Tomato.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Thursday 1/10	French Toast Sticks, Scrambled Eggs, Hash browns, Bacon, Sausage Links, Breakfast Rice, Yogurt & Fresh Fruit!	Chicken Sandwich, Tater Tots, Fried Rice, & Sautéed Zucchini.	Boneless Pork Chops, Baked Potatoes, Veggie Fried Rice, & Steamed Green Peas.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Friday 1/11	Croissant Breakfast Sandwiches, Cheesy Hashbrown Bake, Breakfast Fried Rice, Yogurt & Fresh Fruit!	Crispy Chicken Patty, Deep Fried Fish, Crinkle Cut French Fries, Steamed Rice, & Mixed Veggies.	Spaghetti and Meatballs, Garlic Texas Toast, & Steamed Rice and Broccoli.	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
Saturday 1/12		BRUNCH	DINNER; Cook's Choice	
Sunday 1/13		BRUNCH	DINNER; Cook's Choice	

*White/Wheat Bread available for making toast, Cereal, and Instant Oatmeal.

*Lunch & Dinner will have soup and salad bar. *All sandwiches are served with Lettuce, Tomato, and Cheese.

Beverages: Apple, Orange, Cranberry, and Grape Juice. White, Strawberry, and Chocolate Milk.

Other Beverages: French Vanilla Cappuccino, Hot Chocolate, Tea, and Coffee.