

# NCA WEEKLY MENU

WEEKDAY:	BREAKFAST	LUNCH	DINNER	SNACK
MONDAY 07/09	French Toast Sticks, Scrambled Eggs, Hashbrowns, Bacon, Sausage Links, & Fresh Fruit!	Chicken Strips, French Fries, Rice, & a Hot Vegetable	Turkey Sausage W/ Peppers and Onions, Rice, Chicken Lo Mein, & a Hot Vegetable	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
TUESDAY 07/10	Tator Tot Breakfast Casserole, Bacon, Sausage Links, Breakfast Fried Rice, & Fresh Fruit!	Sub Sandwich Bar, Chips, Rice, & a Hot Vegetable	Baked Chicken Wings, Mashed Potatoes and Gravy, Rice, & a Hot Vegetable	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
WEDNESDAY 07/11	Bisquits and Gravy, Bacon, Sausage Links, Scrambled Eggs, Hashbrowns, & Fresh Fruit!	Beef Stroganoff, Rice, Hot Vegetable, & Garlic Bread Sticks	Chicken Cury, Rice, Hot Vegetable, & Stir Fry Noodle Pork Roast	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
THURSDAY 7/12	Pancakes, Bacon, Cheesy Hashbrowns, Sausage Links, Scrambled Eggs, Breakfast Fried Rice, & Fresh Fruit!	Chicken or Tuna Salad Sandwich, Chips, Rice, & a Hot Vegetable	Cook Out! Brat's, Burgers, Beans, French Fries, & Ice Cream!	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
FRIDAY 7/13	Waffles, Egg and Spinach Muffins, Bacon, Sausage Links, & Fresh Fruit!	Taco Bar! Soft Taco's, Rice, Bean, & a Hot vegetable	Baked and Deep Fried Fish, French Fries, Rice, & a Hot Vegetable	Granola Bars, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Assorted Fruit
SATURDAY 7/14	Scrambled Eggs, Sausage Links, Bacon, French Toast Sticks, & Fresh Fruit!	Out to Eat	Out to Eat	
SUNDAY 7/15	BRUNCH	Eggs, Sausage Links, Bacon, Pancakes, Breakfast Fried Rice, & Fresh Fruit!	Chicken Legs, Rice, Hot Vegetable, & Orange Chicken	

\*White/Wheat Bread available for making toast, Cereal, and Instant Oatmeal.

\*Lunch & Dinner's will have soup and salad bar. \*All sandwiches are served with Lettuce, Tomato, and Cheese.

Beverages: Apple, Orange, Cranberry, and Grape Juice. White, Strawberry, and Chocolate Milk.

Other Beverages: French Vanilla Capuccino, Hot Chocolate, Tea, and Coffee.