

# NCA WEEKLY MENU

WEEKDAY:	BREAKFAST	LUNCH	DINNER	SNACK
Monday 07/23	Potato Pancakes, Scrambled Eggs, Bacon, Sausage, & Fresh Fruit!	Croissant Sandwich Bar, Chips, Rice, & a Hot Vegetable.	Spaghetti & Meatballs, Bread Sticks, Rice, & a Hot Vegetable.	Assorted Fruit, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Granola Bars
Tuesday 07/24	French Toast Sticks, Bacon, Sausage, Breakfast Rice, & Fresh Fruit!	Taco Tuesday! Taco Bar, Rice, Bean, & a Hot Vegetable.	Cookout!	Assorted Fruit, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Granola Bars
Wednesday 07/25	Biscuits and Gravy, Bacon, Sausage, Scrambled Eggs, Hashbrowns, and Fresh Fruit!	Chicken Legs, Seasoned Steak Fries, Rice, & a Hot Vegetable.	Dinner Out	Assorted Fruit, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Granola Bars
Thursday 7/26	Scrambled Eggs, Bacon, Sausage, Hash Browns, & Fresh Fruit!	Chicken Strips, French Fries, Rice, & a Hot Vegetable.	Shrimp Stir Fry, Chicken Egg Rolls, Rice, & a Hot Vegetable.	Assorted Fruit, White/Wheat Bread, Nutella, Peanut Butter, Jelly, & Granola Bars
Friday 7/27				
Saturday 7/28				
Sunday 7/29				

\*White/Wheat Bread available for making toast, Cereal, and Instant Oatmeal.

\*Lunch & Dinner will have soup and salad bar. \*All sandwiches are served with Lettuce, Tomato, and Cheese.

Beverages: Apple, Orange, Cranberry, and Grape Juice. White, Strawberry, and Chocolate Milk.

Other Beverages: French Vanilla Cappuccino, Hot Chocolate, Tea, and Coffee.