

NCA Weekly Menu

Week of: **October 9 - October 15**

	MONDAY 10/9/2017	TUESDAY 10/10/2017	WEDNESDAY 10/11/2017	THURSDAY 10/12/2017	FRIDAY 10/13/2017	SATURDAY 10/14/2017	SUNDAY 10/15/2017
BREAKFAST	Pancakes Eggs Bacon Suasage Hash Browns Fruit Toast Cereal Oatmeal	French Toast Eggs Bacon Suasage Hash Browns Fruit Toast Cereal Oatmeal	Bisquits & Gravy Eggs Bacon Hash Browns Fruit Toast Cereal Oatmeal	Pancakes Eggs Bacon Suasage Hash Browns Fruit Toast Cereal Oatmeal	French Toast Eggs Bacon Suasage Hash Browns Fruit Toast Cereal Oatmeal	BRUNCH Fruit Toast Cereal Oatmeal	BRUNCH Fruit Toast Cereal Oatmeal
LUNCH	Tuna Salad Sandwich Chips Hot Vegetable Soup Salad Bar Fruit	Chicken Sandwiches* French Fries Hot Vegetable Soup Salad Bar Fruit	Turkey Sandwiches Chips Hot Vegetable Soup Salad Bar Fruit	Sloppy Joe Noodles Hot Vegetable Soup Salad Bar Fruit	Deep Fried Mini Shrimp Mac N' Cheese Hot Vegetable Soup Salad Bar Fruit	Soup Salad Bar Fruit	Soup Salad Bar Fruit
DINNER	Chicken Wings French Fries Hot Vegetable Soup Salad Bar Fruit	Roast Beef Mashed Potato Hot Vegetable Rice Soup Salad Bar Fruit	Pork Loin Chops Spiced Noodles Hot Vegetable Soup Salad Bar Fruit	Meat Balls Mashed Potato Hot Vegetable Rice Soup Salad Bar Fruit	Baked Cod French Fries Hot Vegetable Rice Soup Salad Bar Fruit	COOK'S CHOICE Soup Salad Bar Fruit	COOK'S CHOICE Soup Salad Bar Fruit

* All Sandwiches are served with Lettuce, Tomato, & Cheese

AVAILABLE ALL DAY, INCLUDING WITH EACH MEAL:

BEVERAGES: Spring Water, Orange Juice, Apple Juice, White Milk, Chocolate Milk, French Vanilla Cappuccino, Hot Chocolate, Tea, Coffee

SNACKS: Fresh Fruit, Snack Bars, Fresh Baked Goods, White Bread, Wheat Bread, Nutella, Peanut Butter, Jelly

NOTE: All food items subject to change based on availability